CANNON BUILDING
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INSTRUCTIONS – Upload this document when you submit your application

Complete this form if you have **NOT** completed a minimum of 60 graduate semester hours of coursework that encompasses the current Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards for a **clinical mental health counseling** program including the clinical mental health counseling specialty standards, practicum, and internship requirements.

Programs with other CACREP-accredited program specializations, such as addictions counseling, career counseling, rehabilitation counseling, college counseling, marriage/family counseling, and school counseling, **must also** meet the standards for CACREP's clinical mental health counseling specialization to qualify for licensure as a professional or associate counselor of mental health (LPCMH/ LACMH). The degree must encompass the following eight (8) common core areas, the specialization in clinical mental health criteria, and internship/practicum requirements.

Upload a course catalog or course descriptions for each course listed in this form.

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Professional Counseling Orientation and Ethical Practice				
History and philosophy of the counseling profession & its specialty areas				
The multiple professional roles and functions of counselors across specialty areas				
Counselor's roles and responsibilities as members of interdisciplinary community outreach & emergency management response teams				
The role and process of the professional counselor advocating on behalf of the profession				
Advocacy processes needed to address institutional and social barriers				
Professional counseling organizations & current issues				
Professional counseling credentialing and the effects of public policy on these issues				

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CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Current labor market information relevant to opportunities for practice within the counseling profession				
Ethical standards of professional counseling organizations and applications of ethical and legal considerations				
Technology's impact on the counseling profession				
Strategies for personal and professional self-evaluation and implications for practice				
Self-care strategies appropriate to the counselor role				
The role of counseling supervision in the profession				
Social and Cultural Identities and Experiences				
Theories and models of multicultural counseling, social justice, and advocacy				
The influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group differences, and acculturative experiences on individuals' worldviews				
The influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group differences, and acculturative experiences on help-seeking and coping behaviors				
The effects of historical events, multigenerational trauma, and current issues on diverse cultural groups in the U.S. and globally				
The effects of stereotypes, overt and covert discrimination, racism, power, oppression, privilege, marginalization, microaggressions, and violence on counselors and clients				
The effects of various socio-cultural influences, including public policies, social movements, and cultural values, on mental and physical health and wellness				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Disproportional effects of poverty, income disparities, and health disparities toward people with marginalized identities				
Principles of independence, inclusion, choice and self-empowerment, and access to services within and outside the counseling relationship				
Strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination				
Guidelines developed by professional counseling organizations related to social justice, advocacy, and working with individuals with diverse cultural identities				
The role of religion and spirituality in clients' and counselors' psychological functioning				
Lifespan Development				
Theories of individual and family development across the lifespan				
Theories of cultural identity development				
Theories of learning				
Theories of personality and psychological development				
Theories and neurobiological etiology of addictions				
Structures for affective relationships, bonds, couples, marriages, and families				
Models of resilience, optimal development, and wellness in individuals and families across the lifespan				
Models of psychosocial adjustment and adaptation to illness and disability				
The role of sexual development and sexuality related to overall wellness				
Biological, neurological, and physiological factors that affect lifespan development, functioning, behavior, resilience, and overall wellness				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Systemic, cultural, and environmental factors that affect lifespan development, functioning, behavior, resilience, and overall wellness				
The influence of mental and physical health conditions on coping, resilience, and overall wellness for individuals and families across the lifespan				
Effects of crises, disasters, stress, grief, and trauma across the lifespan				
Career Development				
Theories and models of career development, counseling, decision-making				
Approaches for conceptualizing the interrelationships among work, socioeconomic standing, wellness, disability, trauma, relationships, and other life roles and factors				
Processes for identifying and using career, avocational, educational, occupational, and labor market information resources, technology, and information systems				
Approaches for assessing the conditions of the work environment on clients' life experiences				
Strategies for assessing abilities, interests, values, personality, and other factors that contribute to career development				
Career development program planning, organization, implementation, administration, and evaluation				
Developmentally responsive strategies for empowering individuals to engage in culturally sustaining career and educational development and employment opportunities				
Strategies for advocating for employment support for individuals facing barriers in the workplace				
Strategies for facilitating client skill development for career, educational, and life-work planning and management				

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CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Strategies for improving access to educational and occupational opportunities for people from marginalized groups				
Ethical and legal issues relevant to career development and career counseling				
Counseling Practice and Relationships				
Theories and models of counseling, including relevance to clients from diverse cultural backgrounds				
Critical thinking and reasoning strategies for clinical judgment in the counseling process				
Case conceptualization skills using a variety of models and approaches				
Consultation models and strategies				
Application of technology related to counseling				
Ethical and legal issues relevant to establishing and maintaining counseling relationships across service delivery modalities				
Culturally sustaining and responsive strategies for establishing and maintaining counseling relationships across service delivery modalities				
Counselor characteristics, behaviors, and strategies that facilitate effective counseling relationships				
Interviewing, attending, and listening skills in the counseling process				
Counseling strategies and techniques used to facilitate the client change process				
Strategies for adapting and accommodating the counseling process to client culture, context, abilities, and preferences				
Goal consensus and collaborative decision-making in the counseling process				
Developmentally relevant and culturally sustaining counseling treatment or intervention plans				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Development of measurable outcomes for clients				
Evidence-based counseling strategies and techniques for prevention and intervention				
Record-keeping and documentation skills				
Principles and strategies of caseload management and the referral process to promote independence, optimal wellness, empowerment, and engagement with community resources				
Classification, effects, and indications of commonly prescribed psychopharmacological medications				
Suicide prevention and response models and strategies				
Crisis intervention, trauma-informed, community-based, and disaster mental health strategies				
Processes for developing a personal model of counseling grounded in theory and research				
Group Counseling and Group Work				
Theoretical foundations of group counseling and group work				
Dynamics associated with group process and development				
Therapeutic factors of group work and how they contribute to group effectiveness				
Approaches to group formation, including recruiting, screening, and selecting members				
Application of technology related to group counseling and group work				
Types of groups, settings, and other considerations that affect conducting groups				
Culturally sustaining and developmentally responsive strategies for designing and facilitating groups				
Ethical and legal considerations relative to the delivery of group counseling and group work across service delivery modalities				

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CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Direct experiences in which counseling students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term				
Assessment and Diagnostic Processes				
Historical perspectives concerning the nature and meaning of assessment and testing in counseling				
Basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments				
Statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations				
Reliability and validity in the use of assessments				
Culturally sustaining and developmental considerations for selecting, administering, and interpreting assessments, including individual accommodations and environmental modifications				
Ethical and legal considerations for selecting, administering, and interpreting assessments				
Use of culturally sustaining and developmentally appropriate assessments for diagnostic and intervention planning purposes				
Use of assessments in academic/educational, career, personal, and social development				
Use of environmental assessments and systematic behavioral observations				
Use of structured interviewing, symptom checklists, and personality and psychological testing				
Diagnostic processes, including differential diagnosis and the use of current diagnostic classification systems				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Procedures to identify substance use, addictions, and co-occurring conditions				
Procedures for assessing and responding to risk of aggression or danger to others, self-inflicted harm, and suicide				
Procedures for assessing clients' experience of trauma				
Procedures for identifying and reporting signs of abuse and neglect				
Procedures to identify client characteristics, protective factors, risk factors, and warning signs of mental health and behavioral disorders				
Procedures for using assessment results for referral and consultation				
Research and Program Evaluation				
Historical perspectives concerning the nature and meaning of assessment and testing in counseling				
Basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments				
Statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations				
Reliability and validity in the use of assessments				
Culturally sustaining and developmental considerations for selecting, administering, and interpreting assessments, including individual accommodations and environmental modifications				
Ethical and legal considerations for selecting, administering, and interpreting assessments				
Use of culturally sustaining and developmentally appropriate assessments for diagnostic and intervention planning purposes				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Use of assessments in academic/educational, career, personal, and social development				
Use of environmental assessments and systematic behavioral observations				
Use of structured interviewing, symptom checklists, and personality and psychological testing				
Diagnostic processes, including differential diagnosis and the use of current diagnostic classification systems				
Procedures to identify substance use, addictions, and co-occurring conditions				
Procedures for assessing and responding to risk of aggression or danger to others, self-inflicted harm, and suicide				
Procedures for assessing clients' experience of trauma				
Procedures for identifying and reporting signs of abuse and neglect				
Procedures to identify client characteristics, protective factors, risk factors, and warning signs of mental health and behavioral disorders				
Procedures for using assessment results for referral and consultation				
Clinical Mental Health Counseling Specialization				
Etiology, nomenclature, diagnosis, treatment, referral, and prevention of mental, behavioral, and neurodevelopmental disorders				
Mental health service delivery modalities and networks within the continuum of care, such as primary care, outpatient, partial treatment, inpatient, integrated behavioral healthcare, and aftercare				
Legislation, government policy, and regulatory processes relevant to clinical mental health counseling				
Intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management				

CONTENT	COURSE TITLE	COURSE #	TO/FROM	GRAD HRS
Techniques and interventions for prevention and treatment of a broad range of mental health issues				
Strategies for interfacing with the legal system regarding court-referred clients				
Strategies for interfacing with integrated behavioral healthcare professionals				
Strategies to advocate for people with mental, behavioral, and neurodevelopmental conditions				
Third-party reimbursement and other practice and management issues in clinical mental health counseling				
Experience Requirements (Internships, Practicums)				
COURSE #	LOCATION NAME	TYPE OF SERVICES PROVIDED	TO/FROM	GRAD HRS

Upload a course catalog or course descriptions for each course listed in this form.

AFFIDAVIT

I certify that the information provided in this statement is accurate and complete to the best of my knowledge and belief. I understand that the Delaware Board of Mental Health and Chemical Dependency has the right to deny or revoke licensure, if I provide fraudulent information.

Signature of Applicant: _____ **Date**: _____