



CANNON BUILDING
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STATE OF DELAWARE

**BOARD OF MENTAL HEALTH AND CHEMICAL
DEPENDENCY PROFESSIONALS**

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EVALUATION OF COURSEWORK

INSTRUCTIONS – Upload this document when you submit your application

Complete and upload this form if you do not have a Master's degree in clinical mental health counseling with at least 60 graduate semester hours or an equivalent degree in clinical mental health counseling. This applies when

- your graduate program of studies is *not* from a regionally accredited institution of higher education, or
- your degree is *not* in clinical mental health counseling but in a related discipline.

The degree you received must encompass the following eight (8) common core areas:

PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE	COURSE #	COURSE TITLE
History and philosophy of the counseling profession & its specialty areas		
The multiple professional roles and functions of counselors across specialty areas		
Counselor's roles and responsibilities as members of interdisciplinary community outreach & emergency management response teams		
The role and process of the professional counselor advocating on behalf of the profession		
Advocacy processes needed to address institutional and social barriers		
Professional counseling organizations & current issues		
Professional counseling credentialing and the effects of public policy on these issues		
Current labor market information relevant to opportunities for practice within the counseling profession		
Ethical standards of professional counseling organizations and applications of ethical and legal considerations		
Technology's impact on the counseling profession		
Strategies for personal and professional self-evaluation and implications for practice		
Self-care strategies appropriate to the counselor role		
The role of counseling supervision in the profession		
SOCIAL AND CULTURAL DIVERSITY	COURSE #	COURSE TITLE
Diverse groups multicultural and pluralistic characteristics		
Theories and models of multicultural counseling, cultural identity development and social justice and advocacy		
Multicultural counseling competencies		
The impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on views of others		
The effects of power & privilege for counselors & clients		
Help-seeking behaviors of diverse clients		
The impact of spiritual beliefs on clients' and counselors' worldviews		
Strategies for identifying and eliminating barriers, prejudices, & oppression and discrimination		

HUMAN GROWTH AND DEVELOPMENT	COURSE #	COURSE TITLE
Theories of individual and family development across the lifespan		
Theories of learning		
Theories of normal & abnormal personality development		
Theories & etiology of addictions & addictive behaviors		
Biological, neurological and physiological factors that affect human development, functioning, and behavior		
Systemic and environmental factors that affect human development, functioning, and behavior		
Effects of crisis, disasters, and trauma on diverse individuals across the lifespan		
A general framework for understanding differing abilities and strategies for differentiated interventions		
Ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan		
CAREER DEVELOPMENT	COURSE #	COURSE TITLE
Theories and models of career development, counseling, and decision making		
Approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors		
Processes for identifying and using career, vocational, educational, occupational and labor market information resources, technology, and information systems		
Approaches for assessing the conditions of the work environment on clients' life experiences		
Strategies for assessing abilities, interests, values, personality and other factors that contribute to career development		
Strategies for career development program planning, organization, implementation, administration, and evaluation		
Strategies for advocating for diverse clients' career and educational development and employment opportunities in a global economy		
Strategies for facilitating client skill development for career, educational, and life-work planning and management		
Methods of identifying and using assessment tools and techniques relevant to career planning and decision making		
Ethical and culturally relevant strategies for addressing career development		
COUNSELING AND HELPING RELATIONSHIPS	COURSE #	COURSE TITLE
Theories and models of counseling		
A systems approach to conceptualizing clients		
Theories, models & strategies for understanding & practicing consultation		
Ethical & culturally relevant strategies for in-person & technology-assisted relationships		
The impact of technology on the counseling process		
Counselor characteristics & behaviors influencing counseling process		
Essential interviewing, counseling & case conceptualization skills		
Developmentally relevant counseling treatment or intervention plans		
Development of measurable outcomes for goals		
Theories and models of counseling		

GROUP COUNSELING AND GROUP WORK	COURSE #	COURSE TITLE
Evidence-based counseling strategies and techniques for prevention and intervention		
Strategies to promote client understanding of and access to a variety of community-based resources		
Suicide prevention models and strategies		
Crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid		
Processes for aiding students in developing a personal model of counseling		
Theoretical foundations of group counseling and group work		
Dynamics associated with group process and development		
Therapeutic factors and how they contribute to group effectiveness		
Characteristics and functions of effective group leaders		
Approaches to group formation, including recruiting, screening, and selecting members		
Types of groups and other considerations that affect conducting groups in varied settings		
Ethical and culturally relevant strategies for designing and facilitating groups		
Direct experiences in which students participate as group members in a small group activity (min of 10 clock hours)		
ASSESSMENT AND TESTING	COURSE #	COURSE TITLE
Historical perspectives concerning the nature and meaning of assessment and testing in counseling		
Methods of effectively preparing for and conducting initial assessment meetings		
Procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide		
Procedures for identifying trauma and abuse and for reporting abuse		
Use of assessments for diagnostic and intervention planning purposes		
Basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments		
Statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations		
Reliability and validity in the use of assessments		
Use of assessments relevant to academic/educational, career, personal, and social development		
Use of environmental assessments and systematic behavioral observations		
Use of symptom checklists, and personality and psychological testing		
Use of assessment results to diagnose developmental, behavioral, and mental disorders		
Ethical & and culturally relevant strategies for selecting, administering, and interpreting assessment and test results		
RESEARCH AND PROGRAM EVALUATION	COURSE #	COURSE TITLE
The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice		
Identification of evidence-based counseling practices s		
Needs assessment		
Development of outcome measures for counseling programs		
Evaluation of counseling interventions and programs		

RESEARCH AND PROGRAM EVALUATION, continued	COURSE #	COURSE TITLE
Qualitative, quantitative, and mixed research methods		
Designs used in research and program evaluation		
Statistical methods used in conducting research and program evaluation		
Analysis and use of data in counseling		
Ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation		

Upload a course catalog or course descriptions in addition to this form.