



CANNON BUILDING
861 SILVER LAKE BLVD., SUITE 203
DOVER, DELAWARE 19904-2467

STATE OF DELAWARE

**BOARD OF MENTAL HEALTH AND CHEMICAL
DEPENDENCY PROFESSIONALS**

TELEPHONE: (302) 744-4500
FAX: (302) 739-2711
WEBSITE: DPR.DELAWARE.GOV
EMAIL: customerservice.dpr@delaware.gov

COAMFTE COURSE COMPARISON FORM

All candidates must have at least one course minimum (three semester hours, four quarter hours, or 45 didactic contact hours required) in each of the ten categories to be eligible to be licensed as a marriage and family therapist. See Board's [Rules and Regulations](#).

1. **FOUNDATIONS OF RELATIONAL/SYSTEMIC PRACTICE, THEORIES & MODELS:** Courses in this area must be six semester credits and are intended to facilitate the development of competencies in the foundations and critical epistemological issues of MFTs. Areas of study include the historical development of the relational/systemic perspective, contemporary conceptual foundations of MFTs, and early and contemporary model of MFT, including evidence-based practice and the biopsychosocial perspective.

EDUCATIONAL INSTITUTION	COURSE #	COURSE TITLE	TO/FROM DATES	CREDIT HOURS	CONTACT HOURS

2. **SYSTEMIC/RELATIONAL ASSESSMENT & MENTAL HEALTH DIAGNOSIS AND TREATMENT:** Courses in this area are intended to facilitate the development of competencies in traditional psycho-diagnostic categories, psychopharmacology, the assessment, diagnosis, and treatment of major mental health issues as well as a wide variety of common presenting problems including addiction, suicide, trauma, abuse, intra-familial violence, and therapy for individuals, couples, and families managing acute chronic medical conditions, utilizing a relational/systemic philosophy.

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3. **BIOPSYCHOSOCIAL HEALTH & DEVLEOPMENT ACROSS THE LIFE SPAN:** Courses in this area focus on individual and family development, human sexuality, and biopsychosocial health across the life span.

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4. **DIVERSE, MULTICULTURAL AND/OR UNDERSERVED COMMUNITIES:** Courses in this area intended to facilitate the development of competencies in understanding and applying knowledge of diversity, power, privilege, and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin or other relevant social categories. Courses in this area also includes practice with diverse, international, multicultural, marginalized, and/or underserved communities, including developing competencies in working with sexual and gender minorities and their families as well as anti-racist practices.

EDUCATIONAL INSTITUTION	COURSE #	COURSE TITLE	TO/FROM DATES	CREDIT HOURS	CONTACT HOURS

5. **CLINICAL TREATMENT WITH INDIVIDUALS, COUPLES AND FAMILIES:** Courses in this area are intended to facilitate the development of competencies in treatment approaches specifically designed for use with a wide range of diverse individuals, couples, and families, including sex therapy, same-sex couples, working with young children, adolescents and elderly, interfaith couples, and focuses on evidence-based practice. Courses must include content on crisis intervention.

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6. **PROFESSIONAL IDENTITY, LAW, ETHICS & SOCIAL RESPONSIBILITY:** Courses in this area address the development of a MFT Identity and socialization, and facilitate the development of competencies in ethics in MFT practice, including understanding and applying the AAMFT Code of Ethics and legal responsibilities.

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7. **RESEARCH & EVALUATION:** Courses in this area are intended to facilitate the development of competencies in MFT research and evaluation methods, in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research. If the program's mission, goals and outcomes include preparing students for doctoral degree programs, the program must include an increased emphasis on research.

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8. **CONTEMPORARY ISSUES:** Courses in this area are intended to facilitate the development of competencies in practice within defined contexts (e.g., healthcare settings, schools, military settings, private practice) and/or nontraditional MFT professional practice using therapeutic competencies congruent with the program's mission, goals and outcomes (e.g., community advocacy, psycho-educational groups). Courses in this area are also intended to facilitate the development of competence in multidisciplinary collaboration.

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9. **COMMUNITY INTERSECTIONS & COLLABORATION:** Courses in this area are intended to facilitate the development of competencies in emerging, and evolving contemporary challenges, problems, and/or recent developments at the interface of Couple or Marriage and Family Therapy knowledge and practice, and the broader local, regional, and global context. This includes such issues as immigration, technology, same-sex marriage, violence in schools, etc.

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10. **CLINICAL SUPERVISED EXPERIENCE IN MARRIAGE & FAMILY THERAPY:** Courses in this area must be 9 semester credit hours and are intended to provide clinical supervision (live or recorded) to students providing 300 hours of direct client contact (150 with couple or families).

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Upload a course catalog or course descriptions in addition to this form.