

Delaware Board of Massage and Bodywork
Approved Continuing Education Courses for the Period Ending August 31, 2022

“Continuing Education must maintain, improve, or expand the skills and knowledge obtained prior to licensure or certification, or develop new and relevant skills and knowledge.”

Certified Massage Technicians and Licensed Massage Therapists must complete **24 hours** of continuing education (CE) during each two-year license cycle. The 24 hours of CE must include:

- Three hours in ethics, which you may take online,
- Nine hours of core credits, all which you must take *in a classroom, hands-on setting* – not online,
- 12 hours of elective or core credits, all which you may take online.

For complete information on CE requirements, see Section 9.0 of the [Rules and Regulations](#).

- Explanation of categories (as shown below on listing):

Elective course means a CE course with a subject matter that is outside the “practice of massage and bodywork,” which does not directly contribute to the professional competency of the massage/bodywork therapist or massage technician. Elective courses must have one of the following subject matters: modalities outside the “practice of massage and bodywork,” personal growth, self-improvement and business management. You may take elective courses online.

Core course means a CE course with a subject matter within the “practice of massage and bodywork,” which contributes to the professional competency of the massage/bodywork therapist or massage technician. Core courses must be designed to maintain, improve, or expand skills and knowledge or to develop new and relevant skills and knowledge. **You must complete core courses other than the ethics requirement in a classroom/hands-on setting. You may complete the ethics requirement online.**

- The Delaware Board automatically approves the content of courses that are approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) and Associated Bodywork and Massage Professionals (ABMP) (Section 9.5.1 of the Board’s [Rules and Regulations](#)). Approval is subject to the requirements and limitations under Sections 9.4 of the Board’s [Rules and Regulations](#). If you take a course that none of these organizations nor the Delaware Board has approved, you may submit a request for approval of the course.

To request approval, log into your online DelPROS dashboard and click on **Service Request** in the blue navigation bar at the top of the screen. (If you do **not** hold a Delaware license **AND** you are submitting this request as a course provider, select **NO** to the question “Is your request specific to a particular license or application you hold?”)

Additional information on how to submit a Service Request for CE approval can be found online under the Board of Massage and Bodywork - [Massage Service Requests](#).

- Make sure that you receive a certificate for all of the CE courses that you take. Continuing Education (CE) is tracked in DelPROS, the Delaware Professional Regulation Online Service. Instructions for **Entering Continuing Education in the CE Tracker** can be found online under the Board of Massage and Bodywork – [Continuing Education and Audit Information](#).

Do not send copies of your certificates to the Board office unless you receive an Audit Notice.

- You must also keep your CPR current at all times.

Information for CE Providers

If the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) or Associated Bodywork and Massage Professionals (ABMP) has already approved your company as a provider or has approved your courses, do not submit the courses to the Delaware Board for approval because the Delaware Board automatically approves the content of these courses under Section 9.5.1 of its [Rules and Regulations](#). Please enter your NCBTMB provider number or other identifying number on the certificates issued.

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Board-approved CE courses remain approved until the end of the current license period on August 31 of the next even year. However, please notify the Board office by email or mail if you:

- Change your contact information
- Change a course title or instructor
- Close your business or stop offering a course

TAMMY PETTARUCCELLI

Course Approval #: 042001

“Reiki I” (12 hrs. elective)

Course Approval #: 042002

“Reiki II” (12 hrs. elective)

Course Approval #: 042003

“Reiki III Master” (12 hrs. elective)

Contact: Tammy Petruccelli
Phone: 302-533-6082
Email: pikecreekreiki@aim.com

CHRISTOPHER ROMISCH, DTCC

Course Approval #: 052001

“Clinical Functional Anatomy/BIO 123” (15 hrs Core)

Contact: Christopher Romisch
Phone: 302-857-1000
Website: www.dtcc.edu

THE SPIRITUAL HEALING & ARTS CENTER

Course Approval #: 082001

“Reiki Level I” (6 hrs Elective)

Contact: Jodi Johnson
Phone: 302-538-4443
Email: jodij32@aol.com

CHRISTOPHER ASAY MASSAGE

Course Approval #: MAS-AC-122221-026966

“Bodymechanics for the Massage Professional” (12hrs. Core)

Course Approval #: MAS-AC-122221-026964

“Thai Massage” (24 hrs. Core)

Contact: Christopher Asay, LMT
Phone: 302-674-4686
Email: ChrisAsay@aol.com

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PAMELA BALENTINE, LMT

Course Approval #: MAS-AC-012122-034930

“Mindfulness and Deep Tissue Massage” (6 hours Core)

Contact: Pamela Balentine, LMT

Phone: 302-670-3719

Email: pbalentine3993@yahoo.com

ACTIVE RELEASE TECHNIQUES, LLC

Course Approval #: MAS-AC-012122-034761

“Upper Extremity Level 1” (15 hours Core)

Provider: Active Release Techniques, LLC

Contact: Nathan Brickbealer

Phone: 719-457-2264

Website: <https://www.activerelease.com>

TRANQUIL SPIRIT

Course Approval #: MAS-AC-022222-036494

“Reflexology” (13 hours Core)

Course Approval #: MAS-AC-022222-036500

“Reiki Level I” (13 hours Elective)

Course Approval #: MAS-AC-022222-036503

“Reiki Level II” (13 hours Elective)

Course Approval #: MAS-AC-022222-036506

“Reiki Art/Master Level” (13 hours Elective)

Course Approval #: MAS-AC-022222-036505

“Reiki Karuna Reiki Master Level” (13 hours Elective)

Provider: Katherine Schaubert

Contact: kschauber@hotmail.com

Phone: 302-584-2019

Website: www.findtranquility.com

Course Type: Classroom

Bear, DE 19701

SARAH CRAIG, LMT

Course Approval #: MAS-AC-022222-036204

“Refining Your Swedish Massage” (6 hours Core)

Course Approval #: MAS-AC-022222-036203

“Ayurvedic Self-Care” (4 hours Core)

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SARAH CRAIG, LMT cont.

Course Approval#: MAS-AC-022222

“Ethics = Boundaries and Communication” (2 hours Core)

Contact: sarahcraiglmt@gmail.com

Phone: 302-760-9290

Course Type: Classroom

2 Pewter Ct

Dover, DE 19904